

KIM PURCELL

AUTHOR | WRITING TEACHER | SPEAKER



WRITE A NOVEL IN 100 DAYS

The Busy Writer's Guide
to Finishing Your Book Fast



KIM PURCELL

ELECTRONIC PRESS KIT

Write a Novel in 100 Days

The Busy Writer's Guide to
Finishing Your Book Fast

TEN SPEED PRESS / PENGUIN RANDOM HOUSE

Publication date: September 22, 2026

Writing Craft / Creativity / Instructional Nonfiction

BOOK

Book at a Glance

A practical, encouraging guide for busy people who are ready to move from idea to finished draft.

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LINKS

[Author website](#)

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“Writing a novel does not require perfect conditions.”

PUBLICATION DETAILS

AUTHOR	Kim Purcell
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CATEGORY	Writing Craft / Creativity / Instructional Nonfiction

KEY TALKING POINTS

- Writing a novel does not require perfect conditions.
- Fifteen focused minutes a day can build a powerful creative habit.
- Writers do not need to wait until they feel ready.
- Structure can make writing feel freer, not more restrictive.
- Finishing a book builds confidence far beyond the page.
- Young writers thrive when they are given clear tools and positive encouragement.
- The 100-day method helps writers move through overwhelm by focusing on one step at a time.

BOOK

About the Book

For those with countless ideas but not enough time, this invaluable guide shows even the busiest people how to finally finish the book they've always dreamed of.

Do you dream of writing a novel but can't seem to find the time? Maybe you've started and stalled, or you've been waiting for the “perfect” moment that never comes.

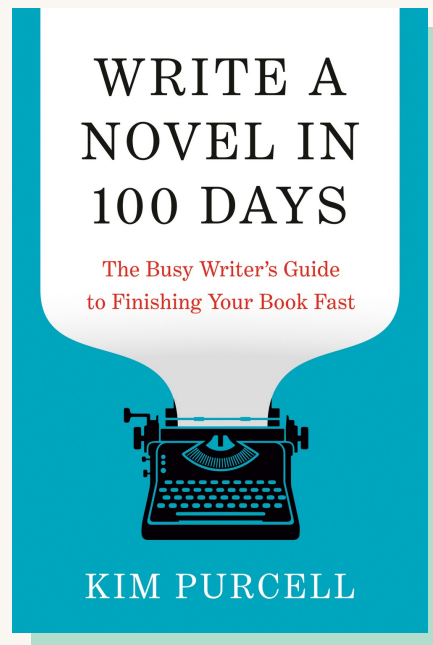
With humor, proven strategies, and inspiration from your favorite authors, novelist and writing teacher Kim Purcell shows you how to finish your book, even if you only have 15 minutes a day. In *Write a Novel in 100 Days*, you'll learn:

INSIDE THE METHOD

- How to build a consistent, joyful writing habit with just 15 “Magic Minutes” a day
- A simple four-act structure with 22 essential plot points to keep your story on track
- Daily skill-building exercises that transform overwhelm into steady progress and nurture creativity
- Fast, playful ways to beat self-doubt, perfectionism, and writer's block
- How to use short, focused steps to create a complete, compelling draft in 100 days

Whether it's your first book or your fifth, this guide will help you finally write forward with confidence. Joyful, supportive, and practical, *Write a Novel in 100 Days* will get your story out of your head and onto the page, so you can hold your finished book in your hands.

Don't wait for the perfect time to write your book. Start today, and let these 100 days change your writing and your life.

**PREORDER**

[Penguin Random House](#)

Core promise

Fifteen focused minutes a day can build a powerful creative habit.

BOOK

Praise for Write a Novel in 100 Days

Advance praise from acclaimed and bestselling authors.

FROM THE FOREWORD



What is this about 100 Days? Surely that's impossible? Here, Kim Purcell shows you how to scale the aforementioned Himalayan peak—it takes just fifteen minutes a day! Seriously? Yes. However, there is method to her madness.

Donald Maass

Novelist and author of *Writing the Breakout Novel*

“

My brain is a chaos machine, and I couldn't believe how easily this guide cut through the noise. It efficiently organizes tasks so a story can emerge while inviting creativity and wonder to grace each part of the process.

Melanie Jacobson

four-time Whitney-Award winner, and USA Today bestselling author of *The Fall Back Plan*

“

In Write a Novel in 100 Days, Kim Purcell lays out the path to drafting a novel in steps that are not just easy-to-follow but exciting, fun, and completely doable. What sets this book apart is how it understands and celebrates the fact that every one of us is a storyteller with the creativity — and power — to write fiction.

Jennifer Castle

author of *The Beginning of After*, a YALSA Best Fiction for Young Adults selection

“

The Busy Writer's Guide is accessible, pragmatic, and, most important, truly encouraging. Purcell's enthusiasm is infectious. You know she's going to be right there with you for every step, the whole hundred days!

Tim Wynne-Jones

two-time winner of The Governor General's Award and author of *The Uninvited*

“

Kim Purcell takes writers on an inspirational and invaluable journey in Write a Novel in 100 Days: The Busy Writer's Guide to Finishing Your Book Fast. She makes the daunting task of writing a novel not only doable, but also fun, which is no easy feat. What I love most about this book is that Kim's enthusiasm and encouraging voice comes through on every page. It's like having your favorite teacher and biggest fan cheering you on as you run the race to your novel's finish line.

Adele Myers

author of *The Tobacco Wives*

AUTHOR

About Kim Purcell

Novelist, writing teacher, and creativity coach with more than 25 years of teaching experience.



AUTHOR | EDUCATOR | SPEAKER

“Helping writers find their voice, build confidence, and finish the stories they've always wanted to tell.”

MFA, VERMONT COLLEGE OF FINE ARTS

Kim Purcell is an award-winning author and creative writing teacher whose work helps writers of all ages find their voice, build confidence, and finish the stories they've always wanted to tell. She is the author of *Write a Novel in 100 Days: The Busy Writer's Guide to Finishing Your Book Fast*, as well as the young adult novels *Trafficked* and *This Is Not a Love Letter*.

Her critically acclaimed YA novels have been recognized by NPR, Kirkus Reviews, Mighty Girl Books, and Bank Street College. *This Is Not a Love Letter* was named one of NPR's Best Books of 2018, and her work has appeared on respected reading lists for young readers and teens.

Kim has more than 25 years of teaching experience and has taught ELA, creative writing, and ESL. She has worked with kids, teens, and adults in classrooms, writing programs, online workshops, and community organizations. Her students have finished novels, published books, won awards, earned scholarships, and used their writing accomplishments in college applications.

Kim holds an MFA in Writing for Children and Young Adults from Vermont College of Fine Arts and a BA in International Relations and English from the University of British Columbia. She has taught in Korea, Los Angeles, and New York City, including programs with WriteGirl LA and the Los Angeles and Culver City school districts.

With *Write a Novel in 100 Days*, Kim brings her warm, practical teaching style to anyone who has ever dreamed of writing a book but felt too busy, overwhelmed, or unsure where to begin.

AUTHOR

Approved Bios for Reproduction

Copy-ready biography options for listings, introductions, articles, and event programs.

YOUTH-ORIENTED ONE-LINE BIO

Kim Purcell is an award-winning author and writing teacher who helps young writers turn big ideas into finished books.

SHORT BIO

Kim Purcell is the author of *Write a Novel in 100 Days*, *Trafficked*, and *This Is Not a Love Letter*. Her YA novels have been recognized by NPR, Kirkus Reviews, Mighty Girl Books, and Bank Street College, and *This Is Not a Love Letter* was named one of NPR's Best Books of 2018. She teaches creative writing to kids, teens, and adults, helping writers turn big ideas into finished books.

MEDIUM BIO

Kim Purcell is an award-winning author and creative writing teacher who helps writers turn their ideas into finished stories. She is the author of *Write a Novel in 100 Days*, *Trafficked*, and *This Is Not a Love Letter*. Her critically acclaimed YA novels have been recognized by NPR, Kirkus Reviews, Mighty Girl Books, and Bank Street College, with *This Is Not a Love Letter* named one of NPR's Best Books of 2018.

A longtime teacher of creative writing, Kim has helped hundreds of young writers and adult writers develop their ideas, strengthen their craft, and build the confidence to complete their books. Through her classes, workshops, and books, she gives writers practical tools, encouragement, and structure so they can move from “someday” to finished draft.

MEDIA

Story and Segment Angles

Ready-to-use hooks for lifestyle, productivity, parenting, education, podcast, local, and literary coverage.

LIFESTYLE MEDIA

Why Everyone Says They Want to Write a Book, But Almost No One Finishes

A conversation about creativity, time, motivation, and how ordinary people can finally make progress on a long-delayed dream.

PRODUCTIVITY MEDIA

How to Finish a Creative Project in 100 Days

A practical segment about breaking a huge creative goal into small daily steps.

PARENTING MEDIA

How to Help a Creative Kid Actually Finish a Story

A useful angle for parents whose kids love writing but struggle to complete projects.

EDUCATION MEDIA

Why Novel Writing Teaches Structure, Discipline, Creativity, and Confidence

A discussion of how writing fiction helps students develop planning, resilience, communication, and problem-solving skills.

PODCASTS

The 100-Day Plan for Writing a Novel Without Quitting

A strong conversation for writing, creativity, education, productivity, parenting, and personal growth podcasts.

LOCAL PRESS

Local Author and Writing Teacher Helps Busy Writers Finally Finish Their Novels

A launch-friendly angle that connects Kim's teaching background, publishing career, and upcoming book.

BOOKSTORES AND LIBRARIES

Interactive Workshop: Start Your Novel in One Hour

A hands-on event where attendees leave with a premise, a character, and a next step.

MEDIA

Suggested Interview Questions

Conversation starters for interviews, classroom visits, panels, and podcast appearances.

- 01 Why do so many people start novels but never finish them?
- 02 Why 100 days?
- 03 What are “Magic Minutes,” and why do they work?
- 04 Can someone really write a novel if they only have 15 minutes a day?
- 05 What does a writer actually need before starting Chapter One?
- 06 What mistakes do beginning writers make when planning a book?
- 07 How can writers beat perfectionism and self-doubt?
- 08 What is the difference between writing fast and rushing?
- 09 How does your four-act structure help writers stay on track?
- 10 How is teaching young writers different from teaching adults?
- 11 What can adult writers learn from kids and teens?
- 12 Why is finishing a book such a confidence-building experience?
- 13 How did your experience as a novelist shape this guide?
- 14 What should someone do today if they want to write a novel but feel overwhelmed?
- 15 What do you say to someone who has been carrying a book idea for years?

BOOKING

Available Programs and Events

Now booking customizable conversations and workshops for adults, teens, young writers, educators, homeschool communities, bookstores, libraries, conferences, podcasts, and writing organizations.

Start Your Novel in 60 Minutes

A hands-on workshop for aspiring writers who want to turn an idea into a workable novel premise. Participants leave with a stronger concept, a main character, a story problem, and a next step.

Write a Novel in 100 Days: The Busy Writer Method

A practical talk for adults who want to finish a draft but struggle with time, consistency, self-doubt, or too many ideas.

How to Plan a Novel Without Killing the Fun

A craft-focused session on character, plot, stakes, structure, and momentum for writers who want a plan but do not want to feel trapped by an outline.

Young Writers Novel Workshop

A kid- and teen-friendly workshop designed to help young writers shape their ideas, build confidence, and make real progress on a story.

How to Help Young Writers Finish Their Stories

A workshop for parents, teachers, homeschool groups, librarians, and educators who want to support creative kids and teens.

From Idea to Finished Draft

A motivational and practical talk for writers who keep starting books but have not yet finished one.

BOOKING

Formats and Audiences

Flexible options for media conversations, public programs, classrooms, and writing communities.

Available formats

- 30-minute interview
- 45-minute author talk
- 60-minute workshop
- 90-minute interactive workshop
- Half-day intensive
- Virtual or in-person
- Bookstore, library, school, conference, podcast, and writing group formats available

Best-fit audiences

- Aspiring novelists
- Busy adults who have always wanted to write a book
- Parents and teachers who want to support young writers
- Teens
- Writing groups and critique groups
- Homeschool families
- Libraries and community writing programs
- Book clubs interested in creativity and process
- Writers who have started and stalled
- Writers who feel overwhelmed by traditional novel-writing advice

NOW BOOKING

Kim Purcell is available for conversations and workshops about novel writing, creativity, teaching young writers, finishing creative projects, and the 100-day method behind *Write a Novel in 100 Days*.

APPENDIX

Press Release

FOR IMMEDIATE RELEASE

Acclaimed YA Novelist and Writing Teacher Kim Purcell Releases *Write a Novel in 100 Days*, a Practical Guide for Busy Writers Who Want to Finally Finish a Book

Ten Speed Press / Penguin Random House will publish *Write a Novel in 100 Days: The Busy Writer's Guide to Finishing Your Book Fast* by award-winning author and creative writing teacher Kim Purcell on September 22, 2026.

Designed for aspiring novelists, busy parents, teachers, students, professionals, and anyone who has ever said, "I want to write a book someday," *Write a Novel in 100 Days* offers a clear, encouraging, and practical path to finishing a novel draft.

Purcell's method is built around the idea that writers do not need perfect conditions, endless free time, or a flawless plan to begin. Instead, they need structure, momentum, and small daily steps. With just 15 "Magic Minutes" a day, writers learn how to build a consistent habit, develop characters, shape a plot, move through a four-act structure, and keep writing through self-doubt and perfectionism.

Kim Purcell is the author of *Trafficked* and *This Is Not a Love Letter*, both traditionally published YA novels that received critical recognition. *This Is Not a Love Letter* was named one of NPR's Best Books of 2018. As a longtime creative writing teacher, Purcell has helped hundreds of writers, including kids, teens, and adults, develop their ideas and complete their books.

Write a Novel in 100 Days is both a writing craft guide and a motivational companion for anyone ready to move from idea to finished draft.

Kim Purcell is available for bookstore events, library programs, school visits, writing workshops, podcast interviews, virtual talks, and conference appearances related to novel writing, creativity, teaching young writers, and the 100-day method behind the book.

BOOK INFORMATION

Title: *Write a Novel in 100 Days: The Busy Writer's Guide to Finishing Your Book Fast*

Author: Kim Purcell

[Preorder on Penguin Random House](#)

Publisher: Ten Speed Press / Penguin Random House | Publication: September 22, 2026

Bring Kim to your audience

Kim is available for bookstore events, library programs, school visits, writing workshops, podcast interviews, virtual talks, and conference appearances.

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The Busy Writer's Guide
to Finishing Your Book Fast



KIM PURCELL

MEDIA AND EVENT REQUESTS

Kim Purcell

kim@kimpurcell.com

kimpurcell.com

SOCIAL

[YouTube: @authorkimpurcell](https://www.youtube.com/@authorkimpurcell)

[Instagram: @authorkimpurcell](https://www.instagram.com/@authorkimpurcell)

[TikTok: @authorkimpurcell](https://www.tiktok.com/@authorkimpurcell)

LITERARY RIGHTS

Jolene Haley

Literary Agent

Donald Maass Literary Agency

jhaley@maassagency.com

BOOK

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[Official book page](#)

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Write a Novel in 100 Days: The Busy Writer's Guide to Finishing Your Book Fast

Your story matters. Start today.